



# Term 4, Week 6 Newsletter 2022

### From the Principals Desk



Good afternoon Parents and Caregivers...

Welcome to our new look Newsletter!!! We are trialling a new programme hoping it will be easier for you to view our newsletter both online and on your phones. We would love feedback on the new format.

As we head in to the last half of this term, things are very busy for staff and students. Our students are busily engaged in their learning, whilst teachers are assessing and commencing reports.

We have started to allocate staff and students to classes for 2023. If you know you will be leaving us in 2023, could you please contact our lovely office staff to let us know.

This week we are sending home the 2023 Student Stationery Requirements and Contributions and Charges lists. Please check in your child's bag if they have not already given these to you.

Next week we will be having our Student Leader elections for 2023. Our Year 5 students have prepared some great speeches and I am looking forward to seeing who will be elected as Student Leaders and House Captains. Good luck to everyone who has put their name forward.

Good luck to our Interschool Athletics team this Wednesday for jumps and throws and next Thursday 24 November for the Athletics Carnival at Mount Barker. We know you will represent APS well and do your very best.

Our final School Board meeting for the year is open to anyone who would like to attend. You are welcome to come along and see how the Board operates and listen to our discussions. The meeting will be on Monday 28 November at 7pm in the staffroom.

Finally, we were very honoured in winning **two** of the categories in the state-wide You Move Awards recently. We even had Minister for Transport, Rita Saffioti, visit APS to present our award. APS won the Innovate category for our work in developing the mountain bike track and in the Champion Teams category for the ongoing fabulous involvement of our student teams. Supported by a fantastic team of parent volunteers and staff, we have made great gains in active transport and physical activity over the years! Go APS!!

Have a super weekend. I am keeping my fingers crossed for some sunshine!

### Albany Primary takes out TWO Your Move Awards!

APS was a major winner in last week's Your Move Awards, which recognize schools, workplaces and individuals across the state for their efforts to promote walking, bike riding and public transport use in the community. We took out the Innovate Award, which recognized the way the school community came together to create our mountain bike track and the way it has encouraged more students to ride to school more often. We were also winners of the School Team Award, which was a fantastic reward for the Your Move Student Teams over the last two years, and the important active transport leadership role that they take on in the school. Our Your Move teams conduct surveys, present at school assemblies, help out at special event days, and come up with ideas to keep encouraging students to walk, cycle or catch the bus to school.

We were visited by the Minister for Transport, Rita Saffioti MLA last Thursday, who presented us with our award certificates and enjoyed seeing the bike track in action.

Congratulations everyone!





### Rottnest 2022



Rottnest Year 6 Camp 2022 Review by Ebony

Rottnest was a lot of fun! I enjoyed it. Thank you to Mrs Mercer, Mrs Stein, Mr MacNish, Mr Evans and the parent helpers of Albany Primary School.

MY REVIEW: I give Rottnest a 10 out of 5 stars rating because it was so much fun, the beaches were beautiful, and I was able to be with my friends.

PROS AND CONS: the pros were getting to be with my friends and swimming at the beaches. My cons were not really anything, but probably just having to leave or being tired after the trip.

THINGS TO KEEP AND THINGS TO GO: I think we should keep Foxholes because it was great running around in the dark! We should also keep the nick names. They were hilarious for the last night. Something to go? Mmm, there is nothing I can think of, because everything we did was enjoyable for most people.

FOOD REVIEW: the food was ok. Some of it wasn't very nice but mostly I didn't really mind the food we were offered.

BEST MOMENTS: the best moments were probably Red Faces and Happy Hour!

AGAIN! THANK YOUUUUU, thank you to all the teachers and parents who helped make this camp so much fun for all of us and we hope that you enjoyed it too!

























































### Charge Around Australia



The students started off the day with a visit to view a real Tesla car that is currently travelling around Australia fuelled by the sun. The visiting coordinator first gave them a speech about how he got into the Centre for Organic Electronics and about the destructive nature of fossil fuels. He then showed them a vibrant display shown from the car. The windows moved up and down, the boot opened, the tail bits popped up and down, and in the dark, the front of the car would have shown a picture of the word 'Tesla'. To top it off, the car produced an amazing dramatic music number.

The next scientist showed the students a rolled up panelled sheet. He explained to them that it was a flexible solar panel that had been printed out for use by the company he worked at. He then went on to explain that there were three types of chargers for an electric car. A super Tesla charger could charge an electric car in half an hour. A normal charger, which is like the one at the library, would charge from flat to full in roughly six hours, meaning if you had one at home, you would leave it over night to charge for the next day. The third one was the rolled-out sheet that he had, which would charge flat to full in forty hours. All students then constructed their own miniature so lar cell.

Finally we were where the fun really kicked in! One of the Tesla engineers had spent months designing a stand up video game of racing Tesla cards that was fuelled by the exertion of the students. Everyone was involved and we had a lot of fun racing each other physically as well as the cars on the big screens. For the last hour of the day we gathered in classrooms to join a Zoom meeting with Daniel Elkington, an engineer, at the Tesla lab. He gave us an incredible amount of information about the production of the cars and the solar panels. He then answered all of our questions, which was very kind of him. We felt very fortunate to have Tesla visit our school and are assured that we will all learn to drive in a solar powered vehicle one day!

By Jamie









### Albany Primary Sports Carnival 2022



Congratulations to all students who participated in the Jumps and Throws and Athletics events last week. It was fantastic to see students across both days working hard to earn points for their house. I believe there are three main goals that all students should be striving towards on these days. They are achieving personal best, using teamwork and showing sportsmanship. I believe our students demonstrated all of these ideals, and from all reports, had a lot of fun in the process!

Below is a reminder of the scoring system for all events

- Individual events 50 points for 1st, 45 points for 2nd, 40 points for 3rd and 1 less point for every place after that (eg. 39 points for 4th, 38 for 5th)
- Team events 200 points for 1st, 150 for 2nd, 100 for 3rd and 50 for 4th
- Grand Relay 400 points for 1st, 300 for 2nd, 200 for 3rd and 100 for 4th

Given the huge amount of points on offer, it is shocking to see how close some of the final scores were, especially in the Junior Carnival where the difference between 1st and 2nd came down to less than the amount of points available in a single individual event!

Here are the final results...

#### Junior Carnival:

- 1st place Michaelmas 5076 points
- 2nd place Clarence 5050 points
- 3rd place Melville 4687 points

• 4th place - Breaksea - 4331 points

### Senior Carnival:

- 1st place Melville 11675 points
- 2nd place Breaksea 11262 points
- 3rd place Clarence 11220 points
- 4th place Michaelmas 10493 points

Whilst the point earning and winning are a significant part of any athletics carnival, what is more important to us at Albany Primary School is the effort the students put in and the sportsmanship and team spirit that they display. That is why this year saw the introduction of a brand new shield - the "Team Spirit Shield" - awarded to the house that showed the best sportsmanship and team spirit on the day. Throughout the day, students who displayed good sportsmanship or team spirit were awarded 'spirit points' that contributed towards their house's total. Well done to Breaksea who will forever be the first ever winner of this award. The final spirit point tally for the day is below.

- 1st place Breaksea 844 spirit points
- 2nd place Michaelmas 760 spirit points
- 3rd place Melville 620 spirit points
- 4th place Clarence 589 spirit points

I sincerely hope you all enjoyed this year's carnivals. To those students moving through to the interschool carnival, we wish you the best of luck in representing our school. We hope that you do it with great pride and stive to achieve your personal best whilst showing teamwork, sportsmanship and team spirit.

To everyone who helped to make this year's carnivals a success, especially the parent helpers, I would like to extend another huge thank you as we simply couldn't do it without you. I hope those who volunteered their time found enjoyment from knowing that they contributed greatly to making these days an awesome event for the kids.

## Sports Carnival Champions

Congratulations to the Individual Champions, Runners up and 3rd and 4th place getters in each age/gender category. These students and their total points earned across all Jumps and Throws and Athletics events are listed below.

	1 <sup>st</sup> place	2 <sup>nd</sup> place	3 <sup>rd</sup> place	4 <sup>th</sup> place
Yr 4	Lola - 391	Levett - 366	Taylor - 365	Ameleah - 327
Girls				
Yr 4	Jackson - 380	Lewin - 333	Joe - 329	Theo - 306
Boys				
Yr 5	Sienna - 419	Jasmine - 378	Charlie - 340	Matilda - 329
Girls				
Yr 5	William - 399	Jax - 375	Jake - 370	Xavier - 369
Boys				
Yr 6	Grace - 450	Chloe - 379	Ari - 339	Amber - 317
Girls				
Yr 6	Will - 385	Travis - 347	Kai - 329	Jakob - 314
Boys				

# Current School Record Holders

Congratulations also to the students who broke school records with their performances this year. The current school record holders are displayed below.

North Control	High Jump	Long Jump	Triple jump	Turbo Javelin	T-Ball Throw
Yr 4 Girls	Charlie 1.12m 2021	Lola 3.29m 2022	Sadie 6.60m 2022	Annie 14.84m 2021	Taylor 24.67m 2022
Yr 4 Boys	Kade 1.24m 2021	Richard 3.71m 2021	Richard 8.3m 2021	Richard 24.02m 2021	Jax 37.08m 2021
Yr 5 Girls	Jasmine 1,19m 2022	Grace 3,26m 2021	Jasmine 7.6m 2022	Ebony 13.52m 2021	Grace 27m 2021
Yr 5 Boys	Will 1.26m 2021	Kai & Jake 3.5m 2021/2022	Jake 7.35m 2022	Will 15.72m 2022	Jax 35,87m 2022
Yr 6 Girls	Grace 1.28m 2022	Grace 3.74m 2022	Addison 7.92m 2021	Elisha 15.75m 2021	Erin 28.95m 2021
Yr 6 Boys	Will 1.30m 2022	Travis 3.8m 2022	Travis 8.07m 2022	Angus 20.1m 2021	Ben 38.87m 2022



































### Chaplain's Corner



# Supporting WA school communities

"We come in Peace"

There was a campy Sci-Fi 90's film that had a host of big names in it like: Pierce Brosnon, Jack Black, Natalie Portman, Jack Nicholson, Danny Devito, Michael J Fox and plenty of others ... (I am sure none of them are proud of being in it though) and in one of the climatic scenes these little green men approach the US army from outer space and after a tense few minutes trying to get the translation machine to work the alien's language is translated into English and then come the words: "We come in Peace". At these words the world sighs in relief as it is all they wanted to hear.

Peace is one of those things we all desire to have in our lives. In our workplace, in our families and in our world and as Christmas is not far away it seems a timely reminder.

Outwardly in some situations "Peace" may seem like a difficult thing to achieve, and it is true because life is very complex. Relationships are hard work. But there are sure ways of working towards peace. Have you ever heard the saying "a gentle response (or soft answer) turns away wrath, but a harsh word stirs up anger." Or "a harsh response fuels a fire"?

We might be tempted to fire back a quick response in anger (probably causing the other person to feel attacked or at the very least hurt), but we can try pause, breathe, and respond in a gentle or soft way. Chances are it will resolve the problem smoother and quicker all while strengthening the relationship. And like any ideal, it is hard to achieve but not impossible to attempt and though we fail as mortal flesh and blood, we grow, and our attempts are never wasted.

Peace.

### Take Care everyone

### Mr Caleb Drage, Chaplain

Days at Albany Primary School

Wednesday, Thursday



### **Workshop Overview**

Changes that occur through family separation can trigger anxiety in many children and teens. Sometimes the anxiety can take a hold and erode self-esteem, belief in themselves and their engagement in the world.

Anxiety can manifest in many different forms - a child having trouble staying focused, is unmotivated, has difficulty sleeping, or just downright angry. The good news is that anxiety is manageable, important adults in a child's life have the profound capacity to strengthen children and teens against anxiety.

The **2-hour** workshop discusses ways parents and caregivers can help children and teens with the underlying challenges of anxiety and equip them with a mindset, skills, and qualities to develop resilience through the difficult time of family separation.

Date: Tuesday, 6<sup>th</sup> December 2022 Date: Thursday, 8<sup>th</sup> December 2022

**Anglicare**WA

 Time:
 6pm – 8pm
 Time:
 9.30am – 11,30am

 Venue:
 Online via Zoom
 Venue:
 Online via Zoom

Cost: FREE Cost: FREE

Registration 1300 11 44 46 separation@anglicarewa.org.au



# For your Diary



#### WEEK 6

#### 18 November

- Assembly Room 20
- Year 3 Fire Brigade Visit

### WEEK 7

### 21 November

P & C Meeting 7pm

### 22 November

• Student Leader Elections 11:10am – 12:10am UCA

### 23 November

• APS Kindy Parent info Sessions 9am @ APS Staffroom

### 24 November

• Interschool Athletics Carnival

### 25 November

- Assembly Room 8
- House Captain Elections 11:10am 11:45am
- P & C Sundowner, APS Courtyard 3-6pm

### WEEK 8

### 28 November

• Board Meeting 7pm

### **30 November**

- Pre Primary Parent info Session 9am @ APS Staffroom
- Albany Community Kindy Parent info Session 1pm @ ACK Serpentine Road

### 02 December

• ASHS & NASHS Year 6 Orientation

# Community Events & News













