



Triple P Stepping Stones Program

Stepping Stones Triple P has been developed for parents of children with a developmental disability (aged 2-12 years). Because it's based on Triple P's proven parenting strategies, it gives you ways to deal with the kinds of childhood behaviour problems and issues that can make family life stressful. Stepping Stones Triple P has been evaluated with real families and has been shown to work with children with intellectual and physical disabilities who have disruptive behaviour.

Stepping Stones Triple P helps you:

- Manage problem behaviour and developmental issues common in children with disabilities
- Encourage behaviour you like
- Cope with stress
- Develop a close relationship with your child
- Teach your child new skills

Dates: Tuesdays: August 22nd, 29th,
September 5th, 12th, 19th

Time: 12.30-2.30

Place: family House North Rd, opposite the North Rd
Shopping Centre

Cost: FREE

On-site child care can be booked at no cost

Facilitator: Jenny Allen
Lead School Psychologist

Bookings are essential

For more information or to book a place in the group, contact Jenny on 0427083653 by August 15th.

